

APRIL 2012

SIDDHARTHA'S INTENT AUSTRALIA

Teachings in **BUDDHISM**

with Jakob Leschly

Choosing the Causes of Happiness and Freedom

Cycle One Workshop

Saturday April 14, 10am-4pm

We can discover happiness and freedom beyond our ordinary limitations by working constructively with, and mastering, our present attitudes and actions. This mastery is neither exclusive to some people "who just have it", nor is it due to supernatural powers. Rather, according to the Buddha, it comes from becoming aware of, and working with, our existing internal and external conditions. Buddhist knowledge and meditation provides the insight and freedom to work with these conditions. This introductory workshop will offer a theoretical overview in the morning and the practical foundations of meditation in the afternoon.

Practice of the Buddha Sadhana

Cycle Two Workshop

Sunday April 15, 10am-4pm

The Tibetan sage Mipam Rinpoche (1846-1912) wrote a beautiful sadhana that commemorates the Buddha, and Kyabje Dilgo Khyentse Rinpoche (1910-1991) wrote an explanation on it that includes teachings on the stages of shamatha- or mindfulness meditation. The workshop will provide general and specific instruction on the practice of mindfulness and insight meditation, as well as specific instruction on this particular practice. In addition the workshop will allow for group practice of the Buddha Sadhana, with time for questions and discussion.

- **Cost:** \$60 per day/\$45 concession or \$100 for both days/\$75 concession
- **Venue:** Venue: Theosophical Society, 310 South Terrace, Adelaide
- **Contact:** Julianne at siadelaide108@gmail.com

Siddhartha's Intent Australia organises the teachings of Dzongsar Khyentse Rinpoche and other Buddhist Masters. The "Teachings in Buddhism" program structure is inspired by the Buddhist approach to cultivating wisdom through hearing and study, reflecting and critical analysis, and meditating

Cycle One – HEARING AND STUDY: Introductory programs for anyone interested in the Buddhadharma.

Cycle Two – REFLECTING AND CRITICAL ANALYSIS: For new and experienced students alike who wish to enquire into Buddhist thought and reasoning.

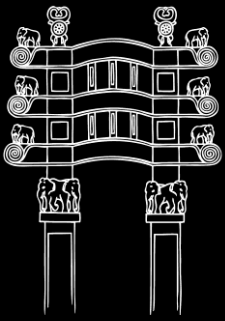
Cycle Three – MEDITATING: Regular weekly sitting, special practice events such as feast practice, practice days and retreats for all students.



Jakob Leschly began his studies of Buddhism in 1974 and has studied with numerous great teachers, particularly Kyabje Dilgo Khyentse Rinpoche, Dudjom

Rinpoche and Dzongsar Khyentse Rinpoche.

Jakob completed a three year retreat in 1984 and has since worked as a translator and interpreter as well as a philosophy and meditation instructor. He has also completed a BA in Tibetan Studies. He now lives with his family in New South Wales and teaches in Australia and New Zealand.



April 5th - 10th 2012

SIDDHARTHA'S INTENT AUSTRALIA

5 day vipashyana meditation retreat

The practice of Buddhist meditation allows us to uncover and experience our natural heritage of wisdom through cultivating vipashyana or insight. Meditation allows us to dismantle the grip of our projections, and awaken to a clearer and wider perspective on our reality. Retreat is an invaluable moment of dedicating space and time to clarify and re-affirm our commitment to the vision and path of meditation.

This retreat is suitable for anyone with a genuine interest in practicing meditation. It will be an opportunity to practice in an atmosphere of wholehearted yet relaxed commitment to mindfulness and insight. Jakob Leschly will lead the retreat giving instruction in meditation.

- **Venue:** Fire Gate 12, Hannaford Hump Rd, Gould Creek. Directions to retreat venue will be forwarded upon registration.
- **Cost:** Camping - \$400; Dormitory - \$450; Twin Room; \$500. All meals and accommodation are included in these costs. Catering: Ayurvedic Chef - Stephen Galpin
- **Registration:** To register please email siadelaide108@gmail.com

Founded in 1984, Siddhartha's Intent Australia (SIA) is a not for profit organization established to promote the Buddhadharma in a non-sectarian spirit. SIA hosts the teachings of Dzongar Khyentse Rinpoche and other Buddhist Masters. For more information visit www.sia.org.au



The retreat will be led by Jakob Leschly. Jakob began his studies of Buddhism in 1974 and has studied with numerous great

teachers, particularly Kyabje Dilgo Khyentse Rinpoche, Dudjom Rinpoche and Dzongar Khyentse Rinpoche.

Jakob completed a three year retreat in 1984 and has since worked as a translator and interpreter as well as a philosophy and meditation instructor. He has also completed a BA in Tibetan Studies. He now lives with his family in New South Wales and teaches in Australia and New Zealand.

Places are limited so please book early and a registration form with further details of the retreat will be forwarded to you.